



## WCCS 5 Day Menu April 2026

Amy Houpey, CDM, CFPP, MBM  
Director of Aging Services

Menus Subject to Change with Dietitian Approval

### INSTRUCTIONS

- **REFRIGERATE** the fresh meal as soon as it arrives, unless you plan to eat it immediately.
- **When HEATING**, vent the plastic sections with a fork or pull back the corner of each food section to vent. **CAUTION!** Steam will be **HOT!**
  - **To heat in a MICROWAVE:** Heat the meal for 2-3 minutes on high or until the food reaches 165 degrees. (Begin with two minutes and increase the time if needed.)
  - **To heat in a CONVENTIONAL OVEN:** Place the meal on a cookie sheet in the middle of the oven. Heat at 350 degrees for 15 to 20 minutes.
- **CAUTION: Never** use a toaster oven to heat your Meals on Wheel

**REMINDER:**  
If you are **NOT** going to be home to receive your **HOME DELIVERED MEAL**  
**PLEASE CALL: 513-695-2256 Option 2,**  
**A DAY IN ADVANCE OR BY 8:00 a.m.**

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### Week of April 1

MENU A:

MENU B:

WEDNESDAY 4/1	WEDNESDAY 4/1
Kielbasa Mashed Potatoes Sauerkraut Tossed Salad / Dressing Bread / Margarine Milk	Lasagna Corn Mixed Vegetables Tossed Salad / Dressing Bread / Margarine Milk
THURSDAY 4/2	THURSDAY 4/2
Pot Roast / Gravy Baby Bakers Seasoned Green Beans Bread / Margarine Fresh Fruit Milk	Stuffed Florentine Pasta Diced Potatoes Peas Bread / Margarine Fresh Fruit Milk
FRIDAY 4/3	FRIDAY 4/3
Sloppy / Bun Potato Wedges Capri Vegetables Coleslaw Milk	Breaded Fish / Bun Potato Medley Broccoli Coleslaw Milk

### Week of April 6

MENU A:

MENU B:

MONDAY 4/6	MONDAY 4/6
Cheese Omelet / Sausage Links Cinnamon Apples Hash Browns Bread / Margarine Fresh Fruit Milk	Beef & Macaroni Wax Beans Corn Bread / Margarine Fresh Fruit Milk
TUESDAY 4/7	TUESDAY 4/7
Beef & Noodles Capri Vegetables Stewed Tomatoes Bread / Margarine Cheesecake / Sponge Cake Fresh Fruit Milk	Cheese Stuffed Shells Zucchini Seasoned Kale Bread / Margarine Cheesecake / Sponge Cake Fresh Fruit Milk
WEDNESDAY 4/8	WEDNESDAY 4/8
Boneless Chicken Wings Potatoes O'Brien Green Beans Tossed Salad / Dressing Bread / Margarine Milk	Cincy Chili Spaghetti Kidney Beans Paco Vegetables Tossed Salad / Dressing Bread / Margarine Milk
THURSDAY 4/9	THURSDAY 4/9
Meatloaf Mashed Potatoes with Skins Broccoli Corn Muffin / Margarine Strawberry Applesauce Milk	Green Beans & Ham Baby Bakers Spinach Corn Muffin / Margarine Strawberry Applesauce Milk
FRIDAY 4/10	FRIDAY 4/10
Hamburger / Bun Potato Wedges Baked Beans Mandarin Oranges Milk	Smoked Sausage / Bun Criss Cut Potatoes Peas & Carrots Mandarin Oranges Milk

TURN OVER → →

Week of April 13

**MENU A:**

**MENU B:**

MONDAY 4/13	MONDAY 4/13
Breakfast Casserole Spiced Peaches Hash Browns Biscuit / Margarine M & M Cookie / S.F. Cookie Fresh Fruit Milk	Corned Beef Seasoned Diced Tomatoes Cooked Cabbage Biscuit / Margarine M & M Cookie / S.F. Cookie Fresh Fruit Milk

TUESDAY 4/14	TUESDAY 4/14
Orange Chicken Fried Rice Butter Beans Stir Fry Vegetables Bread / Margarine Diced Peaches Milk	Swedish Meatballs Potato Medley Cauliflower Bread / Margarine Diced Peaches Milk

WEDNESDAY 4/15	WEDNESDAY 4/15
Roast Beef / Gravy Mashed Potatoes Sliced Carrots Tossed Salad / Dressing Bread / Margarine Milk	Chicken Cordon Bleu Capri Vegetables Sugar Snap Peas Tossed Salad / Dressing Bread / Margarine Milk

THURSDAY 4/16	THURSDAY 4/16
Sliced Turkey / Gravy Roasted Sweet Potatoes Green Beans Bread / Margarine Diced Pears Milk	Crab Cake Lima Beans Golden Hominy Bread / Margarine Diced Pears Milk

FRIDAY 4/17	FRIDAY 4/17
Bourbon Meatballs / Pasta Mixed Vegetables Asparagus Bread / Margarine Fresh Fruit Milk	Grilled Cheese Tater Tots Oriental Vegetables Bread / Margarine Fresh Fruit Milk

Week of April 20

**MENU A:**

**MENU B:**

MONDAY 4/20	MONDAY 4/20
Salisbury / Mushroom Gravy Potatoes O'Brien Winter Blend Vegetables Bread / Margarine Fresh Fruit Milk	Cheese Pizza Corn Sugar Snap Peas Bread / Margarine Fresh Fruit Milk

TUESDAY 4/21	TUESDAY 4/21
Beef Taco Black Beans Chuckwagon Vegetables Tortilla Fruit Cup Milk	Fajita Chicken Street Corn Diced Tomatoes Tortilla Fruit Cup Milk

WEDNESDAY 4/22	WEDNESDAY 4/22
Stuffed Green Pepper Diced Potatoes Butter Beans Fresh Vegetables / Ranch Dip Bread / Margarine Milk	Grilled Salmon Creamed Spinach Stewed Tomatoes Fresh Vegetables / Ranch Dip Bread / Margarine Milk

THURSDAY 4/23	THURSDAY 4/23
Chicken Penne Alfredo Broccoli Wax Beans Garlic Bread / Margarine Tropical Fruit Cup Brownie / S.F. Cookies Milk	Corn Beef Hash Cauliflower Asparagus Garlic Bread / Margarine Tropical Fruit Cup Brownie / S.F. Cookie Milk

FRIDAY 4/24	FRIDAY 4/24
Chicken Parmesan Peas & Onions Mixed Vegetables Bread / Margarine Fresh Fruit Milk	Beef Stroganoff / Pasta Italian Green Beans Succotash Bread / Margarine Fresh Fruit Milk

Week of April 27

**MENU A:**

**MENU B:**

MONDAY 4/27	MONDAY 4/27
Chicken Tenders Potato Medley Brussel Sprouts Biscuit / Margarine Fresh Fruit Milk	Egg Patty / Goetta Hash Browns Cinnamon Apples Biscuit / Margarine Fresh Fruit Milk

TUESDAY 4/28	TUESDAY 4/28
Chicken & Noodles Carrots Zucchini Bread / Margarine Strawberry Applesauce Pudding / S.F. Pudding Milk	Stuffed Cabbage Roll Scalloped Potatoes Malibu Vegetables Bread / Margarine Strawberry Applesauce Pudding / S.F. Pudding Milk

WEDNESDAY 4/29	WEDNESDAY 4/29
Garlic Herb Chicken Ranch Mashed Potatoes Mixed Vegetables Tossed Salad / Dressing Bread / Margarine Milk	Country Fried Steak / Gravy Seasoned Diced Potatoes Mixed Greens Tossed Salad / Dressing Bread / Margarine Milk

THURSDAY 4/30	THURSDAY 4/30
Chicken And Dumplings Diced Beets Green Beans Biscuit / Margarine Diced Pears Milk	Pork Loin / Gravy Sweet Potatoes Butter Beans Biscuit / Margarine Diced Pears Milk