



MEALS ON WHEELS™

Prepared Fresh Daily



Strengthening the Fabric of Our Community

When you can no longer prepare your meals, WCCS Meals on Wheels may be the Answer.

Meals on Wheels (MOW) are available to homebound seniors, 60 and over, living in Warren County and Butler Counties.* Trained and caring drivers deliver meals Monday through Friday.

- Weekend meals are available.
- No additional salt is added to WCCS meals.
- Sugar free desserts are available for diabetics.
- Meals provide at least 1/3 of the daily nutritional needs for persons 60 and over.

*Recipients must meet program guidelines.

FRESHLY PREPARED MEALS

Freshly Prepared Meals are cooked daily, packaged, labeled, then rapidly chilled or frozen, to provide the best quality meal.

The meal is kept safely cold or frozen and delivered right to you. We include directions for reheating in the microwave or a regular oven. The meal can also be placed in the refrigerator to eat later.

- All WCCS nutrition staff, including MOW drivers, are criminal background checked, drug screened and insured.
- Drivers conduct a client safety check as meals are delivered, a valuable service and relief for many family caregivers.

**CALL WCCS FOR MEALS ON WHEELS
513-695-2256**

WCCS offers other Aging Services including: Senior Dining Centers, Senior Housing, Senior Transportation, Supportive Services, The 741 Center, and the RSVP Volunteer Program.

WCCS also operates Early Learning Centers, the Home Energy Assistance Program, Emergency Services, Adult New Readers, and the Growth Together Employment Program.



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