

# Spotlight ON SERVICES

A nonprofit organization strengthening the fabric of our community



570 N. State Rt. 741  
Lebanon, OH 45036

JULY 1, 2019  
PUBLISHED QUARTERLY

## FULL DAY HEAD START OFFERED IN CARLISLE

WCCS Early Learning Centers is now offering a full-day, full-year Head Start option at our Carlisle Early Learning Center to better meet the needs of working parents. This class will primarily serve children who are income eligible for Head Start, but a few private pay spots will also be available. The full day class will be open from 7:30 am to 4:30 pm. A full day Early Head Start class for infants and toddlers is also offered at this site.

WCCS Early Learning Centers are now accepting applications for fall enrollment at the four centers in Warren County, located in Franklin, Carlisle, Lebanon, and South Lebanon. All our centers have a five-star Step Up to Quality rating, Ohio's

highest rating for early learning programs. Options include part-day preschool for 3½ hours a day four days a week, a six hour prekindergarten option for four year olds, and full-day, full-year classes for working parents serving infants, toddlers, and preschool children. We also offer a home-based option for infants and toddlers, with a specially trained home visitor who visits families each week and provides play groups twice a month.

Through a Child Care Partnership grant, we also provide Early Head Start services to infants and toddlers needing child care at six private child care centers in Warren County: Springboro Child Develop-

ment Center, Countryside YMCA Children's Center, Northside Child

Development Center, Imaginations at  
*Continued on page 2*



## Warren County Jail & Adult New Readers Partnership

The Warren County Sheriff's Office and Adult New Readers have partnered to bring tutoring services to the Warren County Jail. The tutoring program has been up and running since March 28, 2019.

Adult New Readers offers services to inmates who qualify and earn the privilege to learn. Literacy skills contribute greatly to the reduction of recidivism. Specially trained Adult New Reader tutors work with inmates to improve their reading skills and prepare for a GED class. The tutoring is individualized to meet specific needs. Inmates may continue in the program upon release.

Tutors Fred Akers, Stephanie

Bindemann, and John Kropf met with Adult New Readers Director, Barbara Geiger on May 10 to share their experiences and ideas to date. They had positive comments and the consensus was that the program was going well. The tutors have shown compassion along with a clear understanding of the student's life experiences and choices that have brought them to this point in their lives.

Recently a Warren County Court referred an individual on probation to Adult New Readers to gain literacy skills as a part of his rehabilitation. The result is so successful the program is working to grow this service in cooperation with with Major Brett Richardson and Sergeant Larry Laird.





## Full day Head Start offered in Carlisle

Continued from Cover Page

Work, Morrow Early Childhood Development Center, and Toddler Time Learning Center.

The Early Learning Centers provide comprehensive services in addition to a high-quality curriculum aligned with state standards to make sure children are well prepared for kindergarten. In partnership with parents, we ensure that children's health, dental health, nutrition, behavioral, and developmental needs are met. Families engage in every part of the program, and they help plan wonderful family activities each month, such as a Sweetheart dance in February, visits from the fire department and the zoo, and shared family meals.

For more information on enrollment, please call our main office at 513-695-2215, or stop by at the Early Learning Center nearest you. We welcome referrals and would be happy to schedule a tour!



### ATTENTION Warren County Residents

E-HEAP Summer  
Crisis Program  
Starts  
July 1, 2019 to  
August 31, 2019

Check our website at  
[www.wccsi.org](http://www.wccsi.org) for  
required documentation  
and income guidelines.

Please  
call for an appointment at  
1-866-747-1042  
or schedule online at  
<https://capappointments.com>



570 N. State Route 741  
Lebanon, OH 45036

## Beat the Heat

The summer heat is on. Though summer is time for more leisure activities, fun, and vacations, the health condition should not be taken lightly that can be affected by the summer heat. Young ones and older ones need to consider the health effects of the summer heat such as heat stroke. The following are 10 summer health tips dedicated for the seniors or the elderly to beat the heat:

- 1) Reduce strenuous activities. When the heat rises to high temperatures, look for cool places out of the sun, such as air-conditioned rooms. Lessen strenuous, physical activities because the more you perform movements, the higher the body temperature will rise.
- 2) Keep hydrating. You should have plenty of water intake, between 4 and 8 glasses a day, even though you do not feel thirsty. Minimize your intake of alcohol and caffeinated drinks. Grab a glass of water or any sports drink instead.
- 3) Avoid too much sun. Use sunblock with at least SPF 15 or higher when going outdoors especially for a prolonged length of time, even on cloudy or hazy days.
- 4) To avoid heat-related injuries, it is best to wear cool clothing. Light

colored articles and loose lightweight attire help in maintaining normal body temperature.

- 5) When going back indoors, put on more layers of clothing, turn on the air conditioning and other ventilating equipment to prevent the body from experiencing too much temperature changes.
- 6) When planning for an outing or picnic, choose places with cool shade and ventilation. Covered areas and shade trees provide safe places to conduct fun activities.
- 7) A time for ice cream. Give everyone, a cool treat like ice cream, popsicles, and any other frozen refreshing treat to keep everyone cool during the hot season.
- 8) Beware of medications and/or senior diets that can increase risk. Hot weather can accelerate dehydration, especially in

people who are taking medications that have the side effects of fluid and electrolyte loss. Many medications, particularly antibiotics and diuretics, can block the body's natural ability to cope with the sun and heat. Always check with a pharmacist or doctor to ensure that medications are safe during the hot months.

9) Have someone, such as a neighbor, check on older adults daily. Keep a list of relevant contact numbers in times of emergency.

10) If ever you observe signs of heat exhaustion or dehydration such as weakness, nausea, or heavy sweating, rapid pulse, and/or fainting, move immediately to the nearest cool shade area and provide ventilation and hydrants, such as cool juice or water.

## WCCS is on TV Watch Feelin' Good!

The show airs the  
2nd and 3rd week  
of the month at  
8:00am, 1:00pm  
and 8:30pm on  
Lebanon Cable Channel 6.  
Or watch at [www.wccsi.org](http://www.wccsi.org)  
On Demand  
or on YouTube

*Feelin' Good is a collaboration  
of TV 6 and WCCS.*





## Pink Poodle Boutique donates to MOW™ Pet Program



We are excited to announce that once again Sarah Risner, owner of the Pink Poodle Boutique in Middletown, Ohio, has donated grooming services

for our Meals on Wheels clients. Food Service Director, Amy Houpey, said “It took one phone call to Sarah and she eagerly said Yes to our request. We are blessed to have such a warm and caring person in our service area. Sara donated the entire amount needed for our matching grant application.”

Meals on Wheels America offers a pet assistance program for providers to assist with pet care needs. The funds from the matching grant can be used for pet food, veterinary care and much more. The application for the grant was submitted on May 31, 2019. The notification date for recipients is expected soon.

## VOLUNTEER Then ask a Friend

Help share YOUR volunteer spirit with our friends and neighbors by asking them to volunteer with you. Call RSVP and we will be happy to find a unique opportunity to match the skills and interests of you both. RSVP recruits individuals 55 and over to volunteer in non-profit organizations in Warren County. You may call RSVP at 513-695-2252 to make a difference.

**East Ridge Homework Club** needs volunteers to help one child at a time become a productive, successful adult. Caring adults help 1st through 12th grade students with their school work daily after school. This may include utilizing computers with internet access and materials to complete their school projects.

**Atrium Medical Center** has 200+ active volunteers but more are needed. Many activities are available including: driving a golf cart for valet, delivering mail, helping in various departments, discharging patients, answering phones, patient flow, filing and more.

**The Warren County Genealogical Society and Resource Center** is staffed entirely by volunteers. They have many ways to help from once a month to once a week. Meet and network with

others who share your passion for genealogy.

**Bowman Primary School in Lebanon** needs kindergarten, first, and second grade reading tutors for the 2019/2020 school year. Many children this age need extra attention and support beyond what the classroom teacher can provide. So share the joy of reading and reap the rewards.

**Lebanon Community Services** More volunteers are needed to make written or verbal referrals to other agencies, complete vouchers for needed financial services and records to backup the voucher, and complete food pantry referral forms. Volunteers must be able to interact with persons in stressful situations. Hours are Monday, Wednesday, Friday 9 am to noon and Wednesday from 6 pm to 8 pm.

## They are Watching Out for You.... Are You Watching Out for Them?

Most people in Warren County have older adult residents on their street or in their neighborhood. Some may be homebound, but rest assured they know the comings and goings in the neighborhood. They notice when something is different or someone’s pattern of behavior has changed. If there is unusual activity around your house, they might take note and notify the authorities or try to call you to make sure you really hired that person to clean out your garage.

So, let’s put the shoe on the other foot: are you watching out for them too?

There are stories happening all over the area of neighbors helping neighbors: we are a community that has a history of being there for each other. With the assistance of technology, neighbors can stay connected in ways unavailable to them previously. The next time you log on to social media, consider “friending” your neighbors or creating a neighborhood group to share information. Some areas have created groups for neighborhood assistance. If Facebook isn’t your thing, exchanging emails is a way to stay connected.

### ATTENTION

## Warren County Residents Home Weatherization Assistance Program (HWAP)

applications are being accepted through WCCS. Weatherization is a residential energy efficiency program that reduces energy use by reducing air infiltration and heat loss in homes.

**Services may include:**

- Attic, sidewall, and basement insulation
- Weather Stripping
- Safety inspection of furnace, water heater, and heating system
- Repair or replacement of furnace, water heater, or heating system

Income Guidelines

1 person.....	\$24,280
2 persons.....	\$32,920
3 persons.....	\$41,560
4 persons.....	\$50,200
5 persons.....	\$58,840

Please call for an application at  
**513-695-2100**



## ANR trains eleven new tutors

Adult New Readers (ANR) is pleased to welcome eight new tutors! Jill Berkheimer, Arlene Edwards, Kim Perry, Judy Schnelle, Peggy Short, Anna Tatarsky, Jane Woodford, and Jim Woodford (shown in the group photo) were trained March 28 at the 741 Center Building to meet the growing demand for tutors.

The 3-hour workshop was led by ANR Director, Barbara Geiger, aided by Administrative Assistant, Donna Walters. A presentation was made by RSVP Director, Dolcee Hoffman. Also helping were current tutors: Marti Plunkett, Fred Akers, and Steve Stein. Thanks Steve for the photos.

We also welcome three additional new tutors. Esther Arnold, Christiana

Paguirigan, and Sue VanderWheele who were trained at a different time. Most of these tutors are currently working with a student or are in the process of being matched with a student.

In the ANR program, adults with literacy challenges are tutored to increase their reading and writing skills. Tutors also work with pre-GED students and students studying for the citizenship exam. Legal immigrants are taught English as a second language. Students are screened for their reading level, matched with a tutor, and trained using New Reader's Press materials. Tutoring is individualized to meet the student's needs. Tutors meet weekly with their students in a public place,



such as a local library or community building. All tutor training and student materials are free. Anyone interested in finding out more information about

the program, becoming a tutor, or referring a potential student is encouraged to contact Barbara at 513-695-2243 or [barbarag@wccsinc.org](mailto:barbarag@wccsinc.org).

## COMMON HEALTH CONCERNS FOR SENIORS Part 2



In the last issue of SOS we presented Part 1 of Common Health Concerns for Seniors. Part 2 provides five more challenges faced by people as they age. There are preventive measures that can place you (or a loved one) on a path to healthy aging.

### 6. Malnutrition

Malnutrition in older adults over the age of 65 is often underdiagnosed and can lead to other health issues, such as a weakened immune system and muscle weakness. The causes of malnutrition can stem from other health problems (seniors suffering from dementia may forget to eat), depression, alcoholism,

dietary restrictions, reduced social contact, and limited income. Committing to small changes in diet, such as increasing consumption of fruits and vegetables and decreasing consumption of saturated fat and salt, can help

nutrition issues in the elderly. There are food services available to older adults who cannot afford food or have difficulty preparing meals.

### 7. Sensory impairments

Sensory impairments, such as vision and hearing, are extremely common for older Americans over the age of 70. According to the CDC, one out of six older adults has a visual impairment and one out of four has a hearing impairment. Luckily, both of these issues are easily treatable by aids such as glasses or hearing aids. New technologies are enhancing assessment of hearing loss and wearability of hearing aids.

### 8. Oral health

Often overlooked, oral health is one of the most important issues for the elderly. The CDC's Division of Oral Health found that about 25 percent of adults over the age of 65 no longer have their natural teeth. Problems such as cavities and tooth decay can lead to difficulty maintaining a healthy diet, low self-esteem, and other health conditions. Oral health issues associated with older adults are dry mouth, gum disease, and mouth cancer. These conditions could be managed or prevented by having regular dental check-ups. Dental care, however, can be difficult for seniors to access due to loss of dental insurance after retirement or economical disadvantages.

### 9. Substance abuse

Substance abuse, typically alcohol or drug-related, is more prevalent among seniors than realized. According to the National Council on Aging, the number of older adults with substance abuse problems is expected to double by 2020. Because many don't associate substance abuse with the elderly, it's often overlooked and missed in medical check-ups. Additionally,

older adults are often prescribed multiple prescriptions to be used long-term. The National Institute on Drugs finds that substance abuse typically results from someone suffering mental deficits or taking another patient's medication due to their inability to pay for their own.

### 10. Bladder control and constipation

Incontinence and constipation are common with aging, and can impact an older adult's quality of life. In addition to age-related changes, these may be a side effect of previous issues mentioned above, such as not eating a well-balanced diet and suffering from chronic health conditions. The Mayo Clinic suggests maintaining a healthy weight, eating a healthy diet, and exercising regularly to avoid these elderly health issues. There are often effective medical treatments. Visit the Program for Healthy Aging to learn more about preventative measures for elderly health issues.

*Article is courtesy of "Vital Record", a publication of A&M Health Science Ctr.*



# 5 Reasons Seniors Should Volunteer Their Time



When self-described “little old woman” Maggie Kuhn was forced to retire in 1970, she decided to use her unanticipated free time to found the Gray Panthers, an organization that fights age discrimination and advocates for social and economic justice. Legendary actress and singer Doris Day followed her passion for helping animals well into retirement. She founded four organizations and facilities dedicated to animal help and rescue.

Far from letting retirement slow them down, these senior activists used their retirement as a chance to craft a meaningful and rewarding life. Learn more about pursuing a cause and spending time helping others in later years.

## 5 Reasons Volunteerism is Great for Seniors

As a volunteer, retirement can afford you the chance to work on a project or issue that is important to you — simply for the passion of it, rather than for a paycheck. Seniors have a unique set of skills and knowledge to offer as volunteers: a lifetime of experience can help you help others in a myriad of ways, from mentoring and tutoring younger generations, to providing

career guidance, to offering companionship and care.

Volunteerism isn't just beneficial for those being helped. Research shows that volunteering confers mental and physical health benefits for those doing the helping. It also fosters positive social and family relationships and contributes to a positive image of seniors as a healthy and vital part of our society. Here are just a handful of reasons volunteer activity is beneficial:

**It helps bridge the generation gap.** Young people are often encouraged to volunteer as a way to broaden their horizons, improve their college prospects, build their resumes, and help others while doing it. Seniors who volunteer have a unique opportunity to work with and assist younger generations — and learn from them.

**It helps change the way people think about older adults.** By using their talents and skills out in the world in a variety of ways, seniors demonstrate that they are active, involved, and essential to a healthy community.

**It is good for mental health and can help prevent Alzheimer's.** The National Institute on Aging has reported that participating in social leisure activities and meaningful, productive activities such as volunteering may lower the risk of health problems in seniors, including dementia, as well as improving longevity. Being a volunteer can help keep the brain and the body active, which contributes to continuing cognitive health, according to numerous studies.

**It helps prevent senior isolation and depression.** In addition to getting seniors out of the house and into the community, volunteering has a positive effect on psychological wellness: according to the Corporation for National and Community Service, those who volunteer experience greater life satisfaction, a sense of purpose and accomplishment, more stress resilience, and lower rates of depression.

**It promotes healthy physical activity.** Volunteering can be good for keeping the body active, whether you're building houses for Habitat for Humanity or walking around your favorite museum as a volunteer docent. Maintaining a healthy level of physical fitness as we age helps ward off disease, injury, and even dementia.

If you're looking for volunteer opportunities for yourself or a senior loved one, you don't have to look far. RSVP is one of the largest senior volunteer groups in the country.

By: Sarah Stevenson  
Posted “On A Place for Mom”  
September 26, 2014

*Please call the Warren County RSVP Volunteer Program at 513-695-2252 for information regarding local volunteer opportunities.*

## Are you a member of the 741 Center?

For only \$20.00 (\$30 if you are under 60) you can become a center member! Fill out the form below and mail with a check made out to WCCS. Write membership in the memo line & attention 741 Center on the outside of the envelope. Questions call 513-695-2239.

741 Center 2019 Membership Application		
<b>APPLICANT INFORMATION</b>		
Date of birth:	E-Mail	Phone:
Current address:	Cell #	
City:	State:	ZIP Code:
<b>MEMBERSHIP INFORMATION</b>		
Cost of membership is <b>\$25.00</b> per person <b>per year</b> . Make checks payable to WCCS.		741 Center membership in memo line
New member	Renew	To : The 741 Center
_____	_____	570 N. State Route 741
Include check in mailing with form		Lebanon, OH 45036
<b>EMERGENCY CONTACT</b>		
Name		
Address:		Phone:
City:	State:	ZIP Code:
Relationship:		Cell #



# 741 CENTER TRIPS 2019

Call Joe Ramos-Provident Travel, for information & reservations  
at (513)763-3080 or (800)989-8900 or email: [jramos@providenttravel.com](mailto:jramos@providenttravel.com)



## Mississippi River Cruising

August 19-22, 2019

We board the Riverboat Twilight in LeClair, Iowa and disembark at Dubuque, Iowa. You'll explore the Mighty Mississippi River on a scenic two-day cruise. The Riverboat Twilight is a beautiful, modern vessel and is a replica of the lavish Victorian riverboats of the Mark Twain era. Delicious sit-down meals, entertainment and narration are part of your experience. You'll cruise by day and spend the nights in comfortable hotels, including two nights at the exciting Jumer's Casino Hotel. **\$946 Per Person**

## Bus, Boat, Train Mystery Trip

August 26-27, 2019

On this great Mystery trip, destination unknown, you'll experience three different modes of transportation. We'll cruise to a magical place, then enjoy a train tour that offers a historical site, exotic natural beauty, and historical artifacts. Also, part of the fun is beautiful scenery, terrific shopping, and a visit to a great American's home. Three tasty meals are included. Don't miss the fun! **\$399 Per Person**



## Western Wonders

August 28 - September 2, 2019

This Great American West trip features Yellowstone National Park! Sightseeing includes: The Little Bighorn Battlefield National Monument, The Buffalo Bill Center of the West, the famous Cody Night Rodeo and two full days of touring in magnificent Yellowstone National Park. We also travel near the Lewis and Clark trail and learn the legend of Sacagawea. Our late season trip gives us the best chance to see Yellowstone's awesome wildlife! **\$2,259 Per Person**

## New England Fall Foliage

September 16-22, 2019

Tour Vermont and see: Hildene - The Lincoln Family Home, Quechee Gorge - Vermont's "Little Grand Canyon," and Morse Farm for Vermont's finest Maple Syrup. Enjoy an Austrian luncheon feast at the renowned Trapp Family Lodge (of "The Sound of Music" fame). Then "Ride the Rails" on a full-day Amtrak Train excursion that travels through four New England states! Experience the area's sailing history at Mystic Seaport, Connecticut a restored 19th century seafaring village. **\$1,499 Per Person**

## New Orleans

September 22-27, 2019

We motorcoach to Memphis, TN, and experience entertainment on famous Beal Street. Then, spend a day aboard Amtrak's Superliner Train enjoying lovely scenery and quaint, small towns. Our New Orleans hotel is located across from the French Quarter. We tour the city and visit the renowned WWII Museum complete with a luncheon and a USO-style show!



We take an interesting swamp boat tour and visit a magnificent Antebellum Mansion. **\$1,399 Per Person**

## Come from Away, A New Broadway Musical

Sunday September 22, 2019

Come from Away is a new musical set just after the September 11 attacks. It tells the story of 38 planes forced to land in the small town of Gander in Newfoundland. You'll see the remarkable story of 7,000 stranded passengers and the village that welcomed them. The musical was nominated for 7 Tony awards Great orchard seats at the Aronoff Center in Cincinnati. Dinner is also included. **\$139 Per Person**

**\*Reservation Deadline is 7/16/19**

## Jersey Boys

Saturday, October 19, 2019

We travel to the Aronoff Center in Cincinnati and enjoy the most popular music of the 1960 and 70's! They were four guys from New Jersey, who had a sound no one had ever heard. This story made them an international sensation all over again! This Tony Award winning musical includes Legendary Top Ten Hits. Great Orchestra/Loge seats and dinner are included. **\$164 Per Person \*Reservation Deadline is 8/8/19.**

# 741 CENTER Weekly Activities

## Monday

SilverSneakers Fitness Class	9:00 - 9:50
SilverSneakers Fitness Class	11:00-11:50
Veteran's Club (Last Mon. of Month)	11:00-12:00
Bingo for Prizes (Last Mon. of Month)	1:00 - 3:00

## Tuesday

CIN Assoc. Blind & Visually Impaired	9:00
(2 <sup>nd</sup> Tue, by Appt 1-888-687-3935)	
Dance to Fitness	9:00-10:00
Yarn Weavers (crochet/knit class)	10:00-12:00
Texas Hold 'em	12:30 - 3:00
Bunco (1 <sup>st</sup> & 3 <sup>rd</sup> Tues.)	12:30 - 2:00

## Wednesday

SilverSneakers Fitness Class	9:00 - 9:50
Writer's Workshop	10:00-12:00
SilverSneakers Fitness Class	11:00-11:50
Food for Thought Bible Study	12:30 - 1:45
Euchre	12:30 - 3:30
Mahjong	12:30 - 3:30
History Revisted (1 <sup>st</sup> Wed.)	1:00 - 2:00

## Thursday

Loving Hands Crafts (3 <sup>rd</sup> Thurs)	10:00-12:00
Art Class with Ron	10:00-12:00
Bingo (every Thursday)	1:00 - 3:00

## Friday

SilverSneakers Fitness Class	9:00 - 9:50
SilverSneakers Fitness Class	11:00-11:50
Texas Hold 'em	12:30 - 3:00
Bridge (Rubber)	12:30 - 3:00
Wheeler Dealer Square Dance	7:00 - 9:00
(2 <sup>nd</sup> & 4 <sup>th</sup> Fri.)	

## Computer Classes

Call 513-695-2239 for an appointment.



**Check the Monthly Calendar as Birthday/Anniversary days and dates will be changing so a more varied group can celebrate!**

741 Membership \$20 per year age 60+.  
Under age 60 membership is \$30.

Friday day trips are offered weekly. You must be 60+ and a 741 Center Member to attend. This does not apply to Provident Travel Trips.



# THE 741 CENTER Calendar of Events 2019

All activities are held at The 741 Center, unless otherwise indicated. Monthly calendars are available at the 741 Center or for download on the WCCS website at <http://www.wccsi.org>. Programs are subject to change, cancellation and new ones may start after SOS printing. **For reservations or information call Laura at (513) 695-2239. Call for lunch reservations before 10:30 am the day before at (513) 695-2257.**

**If you are not a member of The 741 Center and attend our programs on a regular basis, please support your center with a membership for only \$20. Memberships under 60 is \$30.** Check the Monthly Calendar as Birthday/Anniversary days and dates will be changing so a more varied group can celebrate! You must be 60 & older to travel on our Friday Day trips with 741. *This does not apply to Provident Travel Trips. They are not a part of 741 Center.*

## July

- July 1** **SilverSneakers Fitness Classes** - 9:00 am & 11:00 am Monday, Wednesday and Fridays.
- July 3** **History Revisited** - 1:00 pm This class is held the first Wednesday of each month. You won't want to miss it if you love history, peoples, places, and times gone by. Please join us.
- July 4** **Independence Day - Agency closed** 
- July 9** **Dance to Fitness** - 9:00 am Every Tuesday dance your way to fitness.
- July 10** **Writers Workshop** - 10:00 am If you have ever been interested in writing or perhaps you used to write and want to begin again please join us. Call for details.
- July 10** **Mahjong** - 12:30 pm Each Wednesday of each month join us for this game of strategy and fun.
- July 16** **Yarnweavers** - 10:00 am Knit & Crochet is a fun & friendly class. If you know how to crochet & knit or want to learn how please come. Call for details.
- July 16** **Bunco** - 12:30 pm First & third Tuesday of each month join us for a time of fun. Easy to learn & snacks too! 
- July 18** **Hospice Craft Class** - 10:00 am Every third Thursday of the month you can do a good deed for hospice patients and their caregivers by making a craft here at 741 with Hospice of Dayton. Supplies & ideas provided. Call for questions.
- July 18** **Good Old Summertime Party** - 11:00 am It's summertime and, as the saying goes, "the living is easy". Join us as we have fun celebrating summer with games and summertime music. 
- July 24** **Food for Thought Bible Study** - 12:30 pm Every Wednesday we offer a Bible Study that is insightful, enlightening and sustaining for your daily walk in the Word of God. Everyone is welcome.
- July 26** **Texas Hold'em (Poker)** - 12:30 pm Fridays & Tuesdays come and join the fun of a friendly game of Texas Hold'em and games here at 741.
- July 29** **Bingo for Prizes** - 1:00 pm Always fun! Join us the last Monday of each month.

## August

- August 1** **Thursday Bingo** - 1:00 pm Every Thursday come for Bingo fun!
- August 7** **Euchre** - 12:30 pm Open for new players every Wednesday of the month.
- August 8** **Dog Days of Summer Party** - 11:00 am Warm weather calls for a fun summer party with friends. Come and see all the fun we can have. You never know what the Event Planning Committee has in store for you! 
- August 9** **Bridge Game** - 12:30 pm Experienced Bridge players welcome every Friday.
- August 9** **Wheeler Dealer Square Dance** - 7 pm to 9 pm Join the class the 2<sup>nd</sup> & 4<sup>th</sup> Friday evening of each month.
- August 15** **Art Class with Ron** - 10:00 pm Every Thursday of each month we offer Art class with Ron. Beginners & advanced welcome. Call for information.
- August 26** **Veterans Club Meeting** - 11:00 am The last Monday of every month all Veterans, men & women, are welcome to join us. 

## September

- Sept 2** **Labor Day - Agency Closed**
- Sept 10** **Cincinnati Association for the Blind & Visually Impaired** - 9:00 am 741 Center by Appointment only **no walk-in's**. Call 1-888-687-3935 toll free.
- Sept 12** **Come Party with Us** - 11:00 am We will be celebrating the Fall Season, Back-to-School or something else? Come find out. Whatever it is, it will be fun! 
- Sept 17** **Dance to Fitness** - 9:00 am Every Tuesday "dance your way to fitness" and have a lot of fun. Upbeat & fast paced. Call the center for details. Formerly Zumba Gold. 
- Sept 23** **SilverSneakers Fitness Classes** - 9:00 am & 11:00 am Monday, Wednesday and Fridays. This workout is especially designed for seniors and led by a certified instructor.

### "Bingo for Prizes"

at the 741 Center needs new or gently used items.

Please bring items to room 109  
Donations accepted as well!  
We thank you!



Jewelry



Scarves

New hand and body lotions



New cologne

Handbags



Wrapped food items such as mints, gum, candy, chips, crackers, etc.

New Dish soap, hand soap,

Paper towels

Hand towels, place mats

Household items

Socks, gloves etc.



### WCCS Early Learning Centers

Offering high quality preschool and childcare

- Early literacy focus
- Teachers with degrees
- Kindergarten readiness

Free for income eligible children ages 3 & 4.  
Centers located in Franklin, Carlisle, Lebanon, & South Lebanon.



Call 513-695-2215 to  
enroll your child.  
Visit [www.wccsi.org](http://www.wccsi.org).

**Warren County Community Services, Inc.** operates programs and services funded through grants received from the State of Ohio, Departments of Federal Government, Warren County United Way, Federal Funding from the Corporation for National and Community Service, Warren County Commissioners, Council on Aging of Southwest Ohio, Elderly Services Program Tax Levy, foundations, and individual contributions.

Visit us on the web at [www.wccsi.org](http://www.wccsi.org)

Lebanon & surrounding area  
513-695-2100

Cincinnati & surrounding area  
513-925-2100

Middletown & surrounding area  
513-261-2100

Dayton/Franklin/Springboro & surrounding area  
937-425-2100

**Disclaimer:** In compliance with the Health Insurance Portability and Accountability Act of 1996, Warren County Community Services, Inc. clients, their legal representatives and/or staff have given Warren County Community Services, Inc. permission to disclose the information that is published herein.

Non-Profit Org.  
U.S. Postage  
PAID  
Greenfield, IN  
Permit No. 220



Warren County  
Community Services, Inc.  
570 N. State Route 741  
Lebanon, Ohio 45036

ADDRESS SERVICE REQUESTED  
DATED MATERIAL

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