



MEALS ON WHEELS™

Prepared Fresh Daily



Strengthening the Fabric of Our Community

When you can no longer prepare your meals, WCCS Meals on Wheels may be the Answer.

Meals on Wheels (MOW) are available to homebound seniors, 60 and over, living in Warren County.* Trained and caring drivers deliver meals Monday through Friday.

- Weekend meals are available.
- No additional salt is added to WCCS meals.
- Skim milk and sugar free desserts are available for diabetics.
- Meals provide 1/3 of the daily nutritional needs for persons 50 and over.

*Recipients must meet program guidelines.

WHAT IS A “FRESHLY PREPARED” MEAL?

Freshly Prepared Meals are cooked daily at the WCCS 741 Center to “just-done”. Meals are packaged, then rapidly chilled, not frozen, to provide the best quality meal.

The meal is kept safely cold and delivered ready to heat immediately. Each meal is labeled with directions for reheating in a microwave or a regular oven. The meal can also be placed in the refrigerator to eat later.

Every request for meals will be assessed and evaluated. Clients will receive meals prepared appropriately for their situation.

REQUEST WCCS “FRESHLY PREPARED” MEALS!

- Meals arrive fresh and safe at your door.
- Ready when you want to eat.
- Taste Home Cooked
- All WCCS nutrition staff, including MOW drivers, are criminal background checked, drug screened and insured.
- Drivers conduct a client safety check as meals are delivered, a valuable service and relief for many family caregivers.

CALL WCCS TOLL FREE FOR MOW:

Lebanon & Surrounding Areas: (513) 695-2231
Cincinnati/Butler/Maine: (513) 925-2231
Dayton/Franklin/Springboro: (937) 425-2231
Blanchester: (937) 783-4993 ext. 2231
Middletown: (513) 261-2231

WCCS offers other Aging Services including: Senior Lunch Sites, Senior Housing, Senior Transportation, Supportive Services and The 741 Center.

WCCS also operates Early Learning Centers, Energy Assistance Programs, the Retired & Senior Volunteer Program and Family Services.



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