



**WCCS**  
**7 Day Menu**  
**April 2020**

Amy Houpey, CDM, CFPP, MBM  
 Food Service Director

Morrow Center – 513-267-9045  
 Lebanon Center – 513-939-5189  
 Franklin Center – 937-545-6788  
 South Lebanon Center – 513-267-8293  
 741 Senior Center – 513-695-2257

Week of April 1

MENU A:                      MENU B:

WEDNESDAY 4/1	WEDNESDAY 4/1
Spaghetti And Meatballs Chuckwagon Vegetables Mixed Greens Tossed Salad / Dressing W/W Dinner Roll / Margarine Milk	Boneless Wings Carrots Brussel Sprouts Tossed Salad / Dressing W/W Dinner Roll / Margarine Milk

THURSDAY 4/2	THURSDAY 4/2
Chicken And Dumplings Broccoli Butter Beans Dinner Roll / Margarine Diced Peaches Milk	Swiss Steak Diced Potatoes Beets Dinner Roll / Margarine Diced Peaches Milk

FRIDAY 4/3	FRIDAY 4/3
Hamburger / Bun Potato Wedges Baked Beans Fresh Fruit Milk	Breaded Fish / Bun Stewed Tomatoes Mixed Vegetables Fresh Fruit Milk

SATURDAY 4/4	SATURDAY 4/4
Chefs Surprise Dinner Roll / Margarine Fruit Milk	Chefs Surprise Dinner Roll / Margarine Fruit Milk

Week of April 5

MENU A:                      MENU B:

SUNDAY 4/5	SUNDAY 4/5
Chefs Surprise Dinner Roll / Margarine Fruit Milk	Chefs Surprise Dinner Roll / Margarine Fruit Milk

MONDAY 4/6	MONDAY 4/6
Sausage Gravy Hash Browns Spiced Peaches Biscuit / Margarine Fresh Fruit Milk	Creamed Chipped Beef Seasoned Green Beans Beets Biscuit / Margarine Fresh Fruit Milk

TUESDAY 4/7	TUESDAY 4/7
Breaded Veal Broccoli Roasted Peppers Corn Pineapple Tidbit Milk	Cheese Omelet / Sausage Links Cinnamon Apples Hash Browns Pineapple Tidbit Milk

WEDNESDAY 4/8	WEDNESDAY 4/8
Turkey / Gravy Stuffing Sweet Potatoes Tossed Salad / Dressing Pumpkin Pie / Diet Pie Milk	Lasagna Buttered Corn Sugar Snap Peas Tossed Salad / Dressing Pumpkin Pie / Diet Pie Milk

THURSDAY 4/9	THURSDAY 4/9
Cabbage Roll Sliced Carrots Brussel Sprouts Dinner Roll / Margarine Mixed Fruit Cup Milk	Pork Loin / Gravy Mashed Potatoes Capri Vegetables Dinner Roll / Margarine Mixed Fruit Cup Milk

FRIDAY 4/10	FRIDAY 4/10
B.B.Q. Pork / Bun Tater Tots Mixed Vegetables Fresh Fruit Milk	Veggie Burger / Bun White Cheddar Pasta Butter Beans Fresh Fruit Milk

SATURDAY 4/11	SATURDAY 4/11
Chefs Surprise Dinner Roll/ Margarine Fruit Milk	Chefs Surprise Dinner Roll/ Margarine Fruit Milk

TURN OVER → →

**REMINDER:**

If you are **NOT** going to be home to receive  
 your HOME DELIVERED MEAL  
**PLEASE CALL: 513-695-2256 Option 2,**  
**A DAY IN ADVANCE OR BY 8:00 a.m.**

Menus Subject to Change with Dietitian Approval

Week of April 12

**MENU A:**

**MENU B:**

SUNDAY 4/12	SUNDAY 4/12
Chefs Surprise Dinner Roll/ Margarine Fruit Milk	Chefs Surprise Dinner Roll/ Margarine Fruit Milk

MONDAY 4/13	MONDAY 4/13
Chicken Taco Diced Tomatoes Chuckwagon Vegetables Tortilla Fresh Fruit Milk	Beef Taco Mixed Vegetables Black Beans Tortilla Fresh Fruit Milk

TUESDAY 4/14	TUESDAY 4/14
Chicken Noodle Soup Ham Salad Coleslaw Croissant Strawberry Applesauce Fresh Fruit Milk	Chicken Noodle Soup Tuna Salad Potato salad Croissant Strawberry Applesauce Fresh Fruit Milk

WEDNESDAY 4/15	WEDNESDAY 4/15
Roast Beef / Gravy Twice Baked Potato Green Beans Tossed Salad / Dressing W/W Dinner Roll / Margarine Milk	Teriyaki Chicken Red Beans And Rice Yellow Squash Tossed Salad / Dressing W/W Dinner Roll / Margarine Milk

THURSDAY 4/16	THURSDAY 4/16
Cincy Style Chili / Spaghetti Brussel Sprouts Peas And Onions Dinner Roll / Margarine Cherry Pie / Diet Pie Milk	Grilled Chicken / Gravy Mashed Potatoes Mixed Greens Dinner Roll / Margarine Cherry Pie / Diet Pie Milk

FRIDAY 4/17	FRIDAY 4/17
Steak Hoagie / Bun Potato Wedges Green Beans Fresh Fruit Milk	B.B.Q. Riblet / Bun Potato Medley Peas And Carrots Fresh Fruit Milk

SATURDAY 4/18	SATURDAY 4/18
Chefs Surprise Dinner Roll/ Margarine Fruit Milk	Chefs Surprise Dinner Roll/ Margarine Fruit Milk

Week of April 19

**MENU A:**

**MENU B:**

SUNDAY 4/19	SUNDAY 4/19
Chefs Surprise Dinner Roll / Margarine Fruit Milk	Chefs Surprise Dinner Roll / Margarine Fruit Milk

MONDAY 4/20	MONDAY 4/20
Bourbon Meatballs/ Pasta Cauliflower Zucchini Dinner Roll / Margarine Fresh Fruit Milk	Stuffed Shells Asparagus Black Eyed Peas Dinner Roll / Margarine Fresh Fruit Milk

TUESDAY 4/21	TUESDAY 4/21
Pepper Steak White Rice Kale Dinner Roll / Margarine Apple Pie / Diet Pie Milk	Broccoli And Cheese Casserole Corn Zucchini Dinner Roll / Margarine Apple Pie / Diet Pie Milk

WEDNESDAY 4/22	WEDNESDAY 4/22
Chicken And Noodles Succotash Mixed Vegetables Tossed Salad / Dressing Dinner Roll / Margarine Milk	Stuffed Green Pepper Mashed Potatoes Wax Beans Tossed Salad / Dressing Dinner Roll / Margarine Milk

THURSDAY 4/23	THURSDAY 4/23
Spaghetti And Meat Sauce Winter Blend Mixed Vegetables Bread Stick / Margarine Cinnamon Applesauce Milk	Crab Cake Broccoli Capri Vegetables Dinner Roll / Margarine Cinnamon Applesauce Milk

FRIDAY 4/24	FRIDAY 4/24
Pepperoni Pizza Potato Wedges Mixed Vegetables Dinner Roll / Margarine Fresh Fruit Milk	Macaroni And Cheese Peas California Blend Dinner Roll / Margarine Fresh Fruit Milk

SATURDAY 4/25	SATURDAY 4/25
Chefs Surprise Dinner Roll / Margarine Fruit Milk	Chefs Surprise Dinner Roll / Margarine Fruit Milk

Week of April 26

**MENU A:**

**MENU B:**

SUNDAY 4/26	SUNDAY 4/26
Chefs Surprise Dinner Roll / Margarine Fruit Milk	Chefs Surprise Dinner Roll / Margarine Fruit Milk

MONDAY 4/27	MONDAY 4/27
Chili With Beans Cream Corn Cinnamon Apples Bread Stick / Margarine Fresh Fruit Milk	Chicken Tenders Potato Medley Winter Blend Bread Stick / Margarine Fresh Fruit Milk

TUESDAY 4/28	TUESDAY 4/28
B.B.Q. Chicken Bites Garden Blend Rice Asparagus W/W Dinner Roll / Margarine Mandarin Oranges Milk	Sausage And Apples Red Skin Mashed Potatoes Buttered Corn W/W Dinner Roll / Margarine Mandarin Oranges Milk

WEDNESDAY 4/29	WEDNESDAY 4/29
Ham / Pineapple Sauce Scalloped Potatoes Green Beans Tossed Salad / Dressing Dinner Roll / Margarine Milk	Beef And Noodles Lima Beans Beets Tossed Salad / Dressing Dinner Roll / Margarine Milk

THURSDAY 4/30	THURSDAY 4/30
Pot Roast / Gravy Baby Bakers Sliced Carrots Éclair / Sponge Cake Fruit Cup Milk	Broccoli Stuffed Chicken Twice Baked Potato Peas And Onions Éclair / Sponge Cake Fruit Cup Milk