

Spotlight ON SERVICES

A nonprofit organization strengthening the fabric of our community

WCCS
Warren County
Community
Services INC

www.wccsi.org
MAR-APR 2008

Planning for Kindergarten Success

On January 25, WCCS Early Learning Centers hosted the 10th Annual Transition Planning Luncheon at Der Dutchman Restaurant in Waynesville. The luncheon was attended by guest of honor, State Representative Shannon Jones. Lisa Cayard, Director of WCCS Early Learning Centers, presented Representative Jones with a framed painting, by Asher Parks, a 5-year-old student at the Lebanon Early Learning Center. "We wanted to express our appreciation for her strong support of initiatives at the state level of children and families, such as Help Me Grow, the Early Learning Initiative, mental health services for young children, and Step Up to Quality that give Ohio's children the support they need.

The Annual Transition Luncheon is attended by kindergarten teachers, principals, preschool

teachers, speech therapists, special education coordinators, and parents. Participants get together each year to plan activities that will help preschool children make a successful transition into kindergarten.

The move from preschool to kindergarten is the first of many transitions in a child's education, and also represents a big step for parents. They often have some anxiety about sending their five-year olds into the big world of elementary school, and want to be sure their children are ready.

The WCCS Early Learning Centers work closely with other preschools and the eight school districts in Warren County to support children and their parents in making this important transition. The Head Start curriculum is aligned with the Ohio Early Learning Content

Standards so their preschool experiences will prepare them for a successful entry into kindergarten. Teachers check their development throughout the year in early literacy and language skills, science and early math skills, social skills, and physical development.

Transition activities planned include; field trips for children and parents to visit kindergarten classrooms, making portfolios of the children's work to send to kindergarten teachers, and providing kindergarten registration packets at the Early Learning Centers. Parents can meet with teachers to learn how to prepare their children for school. Parents and teachers will work with children to prepare them with the skills they will need to be successful in kindergarten, such as rhyming, printing their names, counting, and recognizing letters.

RSVP Spotlight: Phyllis Fine

What is the definition of a "true volunteer"? At Cedar Village, a senior living community in Mason, Phyllis Fine is the definition. According to Rachel Festenstein, Director of Volunteers and Special Programs at Cedar Village, Phyllis is a "true volunteer". Phyllis, a resident of Evendale, Ohio spends so much time volunteering at Cedar Village that she is occasionally mistaken for a resident.

Phyllis was born and raised in Cincinnati, spending most of her life working as a beautician there and raising her two sons. Phyllis and her husband owned a motorcycle dealership which provided them with the opportunity to travel to Portugal, Japan, China, Costa Rica and other exciting locations.

Phyllis's mother became a nursing home resident twelve years ago, so she visited her everyday. An employee suggested she might as well become a volunteer since she was always there. So Phyllis started baking for the residents of the nursing home. And she didn't stop there. Phyllis now spends every Tuesday morning in the kitchen baking for the residents and in the afternoon volunteers



in the dementia unit. She works with an art program for the residents and is a friendly visitor. Friday's she's in the Dementia unit and

returns to Cedar Village on Saturday afternoon to help with a festive meal called Oneg Shabat. On Sunday, she gives manicures to residents. The manicures are so popular residents must take a number to get one.

At the RSVP Recognition Luncheon in June, 2007, Phyllis and other Cedar Village volunteers were inspired by the senior citizens providing the entertainment. They formed their own "Cedar Village Choir", now with 17 members, they perform at various Cedar Village events.

Phyllis enjoys playing mahjong and is famous for her collection of over one hundred purses from around the world. Two of her more unusual purses are shaped like a guitar and a red Chinese takeout box.

The appreciation and admiration for Phyllis is evident from Cedar Village residents and staff alike. Rachel Festenstein said, "Phyllis is an inspiration to everyone she meets always giving her time to others. She is a true volunteer and we are lucky to have her." RSVP is full of "true volunteers" and Phyllis Fine is one of them.

Family Services Director Passes the Torch



L to R: Madelyn Coons and Sue Miller

2008 brought a change in leadership for Family Services. We said goodbye to Madelyn Coons, who retired as Family Services Director and welcomed the return of **Sue Miller, RN**.

Madelyn worked for the past 17 years to identify and address the growing needs and concerns of Warren County families. She was instrumental in starting the Transitions Program for Warren Counties homeless families, is a member of the Warren County Housing Coalition and the only certified trainer for Stephen Covey's "The 7 Habits of Highly Effective

People". Madelyn also serves on the Warren Metropolitan Housing Authority and Family and Children First Council. She is currently working with others to bring the 2-1-1 system to Warren County. The phone number, similar to 9-1-1, connects people with human services and with information in times of disaster.

Although Madelyn has retired from full time work, she will continue to serve on these committees and devote her time to the people of the Warren County community.

Sue has been serving the American Cancer Society as a Senior Patient Navigator for the past 5 years. She is excited about coming back to WCCS and working with families throughout Warren County. Sue was previously on staff at Family Services from 1997- 2001 as a Family Services Coordinator serving families through the RAINmaker program and Family Centers in Franklin and South Lebanon.

"I am so pleased to have the opportunity to serve in my home community again. Warren County has many programs available to assist families who may be struggling. I feel proud to be a part of programs offering families a better quality of life here at Warren County Community Services, Inc.," stated Sue. Sue welcomes your calls at (513) 695-2249 – email suekm@wccsinc.org

Family Services Offers

THE BENEFIT BANK® CONNECTING COMMUNITIES TO RESOURCES

Our newest program through Family Services, the **Ohio Benefits Bank** programs, sponsored through the Office of Faith Based and Non-Profit Initiatives, offers eligible families free tax assistance. The Benefits Bank, a program initiated through the Office of the Governor, is seeking to help Ohioans claim over 1.6 billion dollars in unclaimed tax refunds.

WCCS Family Services Staff recently became trained to help families and individuals utilize the Ohio Benefits Bank to maximize their success in securing benefits and increasing their access to available tax refunds.

Sue Miller, Family Services Director explained, "Our staff in Family Services has been trained on this web based program and are tax facilitators to assist eligible

individuals and families that could not otherwise afford to pay for tax preparations services. Family Services staff can assist individuals and families to enter their information on the secured site so costs for tax preparation can be avoided with all potential tax refunds explored with the individual/family."

Miller further encourages anyone interested and who may be eligible for this no cost service to contact Family Services staff at (513)695-2251, (513) 695-2284 or (513)695-2258 for an appointment.

Appointments are scheduled from 8 AM to 4:30 PM and can take over an hour to complete.

Log onto www.thebenefitbank.com. for more information.

March for Meals



Kick off March 1st

March for Meals is a nationwide public awareness campaign sponsored by the Meals on Wheels Association of America™ to bring attention to senior hunger throughout the United States. It highlights the continuing importance of meal programs and the growing need for resources – both financial and human – as the elderly population increases and more seniors need nutrition services.

You can help in many ways:

- Tell others about "March for Meals" and participate in any of the events.
- Donate to help provide meals for elderly adults.
- Help underwrite transportation costs and help purchase gas.
- Give by the mile. Meals on Wheels™ drives over 172,000 miles delivering meals to homebound seniors.
- Sponsor a charity event during March.

For More Information & Contact

Vel Hux, Director of Development
WCCS, Inc., 513-695-2206
velh@wccsinc.org

WCCS

Employment Opportunities

- **Homemakers and Homecare Aides**
Assist seniors with housekeeping, laundry, and errands. Aides also offer personal care and respite services.
STNA preferred.
- **Case Manager - Planning, monitoring, and coordination of services for seniors in their home. LSW, LPN or LPC required.**

Excellent benefits, mileage reimbursement, and travel pay.



Submit application to:
Lisa Baker Kaufman, WCCS
570 North State Route 741
Lebanon, OH 45036
lisabk@wccsinc.org fax:513-695-2277

Save Money on Your Phone Bill!

WCCS has been awarded a grant through AT&T to assist with Ohio Lifeline Outreach. AT&T Lifeline makes it possible for eligible persons to receive discounts on their monthly phone bill. You are eligible if you have AT&T phone services and are currently enrolled in or receiving:

- Disability Assistance
- Supplemental Security Income (SSI)
- Supplemental Security Income - Blind Disabled - (SSDI)
- Medicaid or State approved Medical Assistance
- Federal Public Housing or Section 8 Housing
- Ohio Works First/TANF
- Food stamps
- National Free School Lunch Program

You may also be eligible if your income is 150% or less of the federal poverty level. For 2008, a household of one person can have a gross annual income of \$15,600 or less, two people households can have an annual income

of up to \$21,000 and three people households can have an annual gross income of \$26,000. For each additional person in the household add \$5,400 to the three person household total. A copy of your income statement is required for the application.

If persons do not currently have a phone, AT&T will waive the basic installation charge. There is also a waiver of deposit for local services. There is free optional blocking of 900 and 976 numbers and pay per use services. Payments arrangements can be established for those persons with outstanding balances.

AT&T Lifeline is just one of many services and benefits that WCCS links Warren County residents to. "WCCS has been strengthening the fabric of our community for over 40 years and we are pleased to add this benefit to the opportunities available," states Larry Sargeant, WCCS Executive Director. For more information on AT&T Lifeline services or other WCCS services please call 513-695-2100.

Good News for Struggling Families

The current economic conditions and the rising costs of energy have created a hardship for many low-income seniors and families who are struggling to pay their energy bills. To help alleviate this problem several steps have been taken by the State of Ohio.

First, The Public Utilities Commission of Ohio (PUCO) ordered a moratorium effective December 19, 2007 to March 18, 2008. The moratorium prohibits PUCO regulated utilities from disconnecting service for non-payment of bills to residential households where the household income is at or below 175 percent of the federal poverty guideline.

The moratorium is good news for customers facing a shut off, however customers must understand they are still responsible for payment of the entire amount owed to their natural gas or electric company. If someone receives a disconnection notice, it remains vitally important that they make an appointment with the Emergency Home Energy Assistance Program Department E-HEAP at WCCS to sign up for the Winter Crisis Program.

The moratorium is NOT a forgiveness of the utility bill.

Participating customers must sign up for an extended payment plan with the utility and/or enroll in the Percentage of Income Payment Plan (PIPP).

Secondly, funds were released by the Low Income Home Energy Assistance Program (LIHEAP) on January 16th, 2008. With the release of these funds Warren County Community Services, Inc. (WCCS) has been granted additional funds to continue the 2008 Winter Crisis Program. The Winter Crisis program offers assistance for income eligible families, and seniors, with their utility and heating bills.

Income Guidelines

Size of Household	Yearly Income Limit
1 person.....	\$17,867.50
2 persons.....	\$23,957.50
3 persons.....	\$30,047.50
4 persons.....	\$36,137.50
5 persons.....	\$42,227.50

**The Winter Crisis Program Ends
March 31, 2008**

If you meet the income requirements please contact the E-HEAP Department at Warren County Community Services, Inc. at 695-2295 or (937) 425-2100.

FRANKLIN AREA RESIDENTS Need information on Senior Services?

A representative from the Warren County Elderly Services Program will be at

Franklin Community Services,
345 S. Main Street, Franklin, OH 45005

**Wednesdays from 5 - 7 PM
and Friday's 12 - 3 PM**

This licensed social worker can provide information about services and benefits for older adults and their family members.

For further information,
please call 513-903-0994.

A great big THANK YOU to
St. Leonard Living Community
8100 Clyo Road
Centerville, Ohio

for their generosity
to THE 741 CENTER



Welcome New RSVP Volunteers

Phyllis Diver	Audrey Newell
Madelyn Coons	Jerome Noble
Sue Bass	Ronald Geyman
Connie McGaffin	Carol Hawke

Weather Closings

During periods of inclement weather all WCCS announcements regarding the closing and/or delay of agency or programs will be found on
WCPO - Channel 9
WHIO - Channel 7
WLWT - Channel 5



Do you shop at Kroger? If so, you can help raise funds for WCCS! It's simple.

1. Just pick-up a Kroger card from the 741 Center, or request one by calling 513-695-2206 or email velh@wccsinc.org. (It already has \$1 credit.)
2. Use the card EVERY TIME you buy Groceries, Gas, or other items
3. RELOAD and REUSE the special WCCS/Kroger Fundraising Card every time you shop.

Cards can be loaded at the Guest Services Center or at any register before you check out. Cards can be loaded with check, credit card, or cash for any amount you wish, up to \$250.

Kroger will give a donation of 4% of every dollar to WCCS. Donations will be used to help emerging needs of our elderly, needy women and children, and families in Warren County.



FREE MONEY FROM KROGER!

That's right, this is FREE money that Kroger will give to WCCS just for using the special WCCS/Kroger Gift Card.

You don't have to spend anything extra. Just RELOAD and USE the card to pay when you shop.



Why not take advantage of their generosity!

How much can this really help?

If 100 of our WCCS employees, families, and friends spend \$100 a week and use this card for the entire year...the reward to WCCS would be \$20,800!

Incredible isn't it! You are spending the money for the health of your family and at the same time can help WCCS!

Give the WCCS/Kroger card as a gift. Got questions?
Please call the Development Office in Room 225 at 513-695-2206 or email at velh@wccsinc.org

DONATE YOUR CAR TO WCCS FAMILY SERVICES



Call us if you have a car to donate!
Your donation may be tax deductible!
WCCS Family Services 513-695-2249



Warren County Community Services, Inc.
570 N. State Route 741
Lebanon, OH 45036
www.wccsi.org

741 Weekly Activities

Monday

Silver Sneakers Fitness Class	8:30 - 9:30
Open Computer Lab	9:00 - 4:00
Basic Watercolor Classes	9:00-12:00
AARP Tax Help (Call for Appt.)	9:00 - 1:00
Square Dancing (Begin/Adv)	10:00-11:30
Clogging	12:30 - 2:30
Book Club & Discussion (Dng Rm)	1:00
3rd Mon. of Mnth, Librarian lead	

Tuesday

Open Computer Lab	9:00 - 4:00
Cincinnati Asso. for Blind & Visually Impaired	
2 nd Tue of Mnth, by Appt	1-888-687-3935
Texas Hold-Em	12:30 - 1:45
Checkers	12:30 - 3:00

Wednesday

Open Computer Lab	9:00 - 4:00
Silver Sneakers Fitness Class	9:30-10:30
Arthritis Exercise Class	10:30-11:30
Writers Workshop	11:00-12:00
Food for Thought Bible Study	11:45 - 1:00
Prayer & Share w/Chaplain Rusk	1:00
Euchre - Every Week	1:00 - 3:00
Line Dancing for Seniors	1:00 - 2:30
Movies Rm 111 (1 st & last Wed.)	1:15

Thursday

Open Computer Lab	9:00 - 4:00
Oil Painting	9:00-11:30
Manicures Call for Appt	513-695-2239
Birthday/Anniversary (1 st Thur)	11:50-12:00
Bingo every Thursday	1:00 - 3:00

Friday

Open Computer Lab	9:00 - 4:00
Silver Sneakers Fitness Class	9:30-10:30
Arthritis Exercise Class	10:30-11:30
Checker Game	12:30 - 3:00
Bridge	1:00 - 4:00

Computer Classes by Appointment
Blood pressure check is one time monthly
times and dates vary
Call (513)695-2239

Aging News

Government Offers Coupons for Digital TV Converter Boxes

Owners of analog televisions now can apply for **government coupons** to help them **pay for converter boxes** to keep their TVs working after the **switch to digital broadcasting** on Feb. 18, 2009. The TV Converter Box Coupon Program allows U.S. households to obtain up to **two coupons**, each worth **\$40**, which can be applied toward the cost of eligible converter boxes. Converter boxes are expected to cost between \$50 and \$70

and will be available at most major electronics retail stores.

Individuals can apply for a coupon from **now until March 31, 2009**, while supplies last. Congress set aside \$1.5 billion for the program, which will fund 33.5 million coupons. **Apply for a coupon online** or call a 24-hour hotline (**1-888-DTV-2009**).

*Taken From the NCOA website
January 24, 2008.*

741 Senior Center Trips

Grand Victoria Casino

Tuesday, March 11, 2008

We depart the 741 Center at 9:30 AM and the Mason Methodist Church at 10:00 AM. A Grand Victoria's buffet luncheon is included and receive a \$5.00 cash coupon to start your gaming fun. Return home around 5:30 PM. Tour Cost: \$43/person.

Chocolate Lovers Mystery Trip

Tuesday, March 25, 2008

Visit a confectionary shop/restaurant where delectable candy and pastries are made. Tour the factory and enjoy a "Chocolate Tasting" a great luncheon and a decadent dessert. You'll have time to shop for the goodies you've seen made. Depart the Mason Methodist Church at 8:30 AM and the 741 Center at 9:00 AM. Return home about 4:30 PM. Tour Cost: \$59/Person.

Springtime in Georgia

March 31 – April 4, 2008

Travel to Georgia and experience the charm of the old south. You'll stay in one hotel with daily excursions to places such as; Margaret Mitchell's home in Atlanta as Civil War history comes alive with a "Gone with the Wind" theme; see Cyclorama a huge 360-degree mural of the Battle of Atlanta and spend an evening at a Civil War era Plantation. In Warm Springs, tour FDR'S Little White House State Historic Site. In Pine Mountain visit magnificent Callaway Gardens then go to Macon's International Cherry Blossom Festival where you can see the unmatched beauty of their 300,000 flowering Yoshino cherry trees. Tour Cost: \$599/Person Twin Basis, \$569/Person Triple/Quad Basis, \$749/Person Single Basis.



Toyota & Keeneland Race Course

Wednesday, April 23, 2008

We tour the Toyota manufacturing plant in Georgetown and see the production of cars on a narrated tram ride. Lunch is included at Cracker Barrel before an afternoon at Keeneland Race Course in Lexington. We depart the 741 Center at 7:30 AM and the Mason Methodist Church at 8:00 AM. Then return home around 6:00 PM. Tour Cost: \$64/Person.

The Creation Museum

Petersburg, KY

Wednesday, May 7, 2008

The Creation Museum (located near Greater Cincinnati International Airport) is a state of the art 65,000 sq.ft. museum brings the Bible to life using fantastic special effects! Each of the 160 exhibits allow personal interaction. As an example, you'll walk through the Garden of Eden, see The Tree of Life, central to the garden, and come face to face with a dinosaur of incredible dimensions. In the Planetarium enjoy a 22-minute simulated spaceflight to the outer regions of our universe. Package includes a \$10/person food voucher for lunch at the café. Depart the 741 Center at 8:30 AM and the Mason Methodist Church at 9:00 AM. Return about 4:00 PM. Tour Cost: \$67/Person.

Price Buster Cruise!

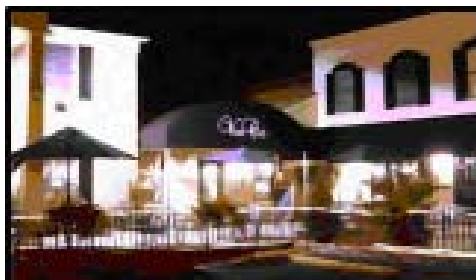
4-Night Bahamas and Key West Cruise Aboard Majesty of the Seas May 12 – 16, 2008

Cruise to the warm and tropical waters of the Bahamas and Key West with Royal Caribbean International. Visit Nassau where you can enjoy the day sailing or sunning, then Coco Cay a private island featuring gorgeous palm-lined beaches and a beautiful lagoon. Then visit Key West the southern most point in the continental U.S. All transportation, accommodations aboard ship, meals, taxes, fuel charges and Travel Protection are included. Only \$889/person twin basis! Space is very limited. Call (513) 762-3497 or (800) 916-7223 ASAP!

Vito's Café Home of the Singing Servers

Wednesday, May 21, 2008

Vito's is an Italian-style neighborhood trattoria, nestled in the picturesque hills of Northern Kentucky, featuring authentic Italian specialties and live entertainment. After dinner relax and enjoy listening to your favorite arias, Broadway Show or standards. The most talented graduate students from local music schools serve tables and sing. Depart the 741 Center at 3:45 PM and Mason Methodist Church at 4:00 PM. Return around 8:30 PM. Tour Cost: \$79/Person.



Bardstown, Kentucky

June 24-25, 2008

Bardstown is Kentucky's second oldest city. My Old Kentucky home is immortalized in song by Stephen Foster. We'll visit this 1795 mansion and explore its charming rooms. Relive the golden days of railroad with a luncheon on My Old Kentucky Dinner Train, then relax under the stars as beautifully costumed actors present The Stephen Foster Story with a medley of Foster's immortal tunes. We'll also tour Heaven Hill Distillery, Bardstown's Civil War Museum and the Abby of Gethsemani, home to Trappist Monks. Don't miss this fun and easy getaway! Tour Cost: \$269/Person Twin Basis, \$259/Person Triple/Quad Basis, \$320/Person Single Basis.



**For information on these trips
Call Joe Ramos at AAA Royal Tours,
Phone: (513)762-3497 or (800)916-7223**

**Warren County
Community Services, Inc.
570 N. State Route 741
Lebanon, OH 45036**

**Offering support and
services to Warren
County seniors for
over 40 years.**

**741 Senior Center • Elderly Services
Independent Living Assistance
Homemaking • Meals on Wheels™
Medical Transportation
Personal Care • Respite Care
Retired & Senior Volunteer Program
Senior Luncheon Sites
Senior Retirement Communities
Senior Transportation • Supportive Services**



**Lebanon - 513-695-2100
Cincinnati - 513-925-2100
Springboro - 937-425-2100
www.wccsi.org**

The 741 Senior Center Wants You!

Membership at the 741 Senior Center is a vital step to enhancing your involvement with us. You will receive our Spotlight on Services Newsletter with all the latest happenings at the center, reduction in special event tickets and much more.....All for \$10.00 a year! Fill out the form below and mail it in today. Don't forget to enclose your \$10.00 check. Then stop in and check us out!

741 Senior Center 2008 Membership Information

Name(s) _____ Date _____
 Address _____ City _____ Zip _____
 Phone _____ Date of Birth _____

Emergency Contact(s):

Name _____	Name _____
Relationship _____	Relationship _____
Address _____	Address _____
Home Phone _____	Home Phone _____
Work Phone _____	Work Phone _____

Membership Information: New Member _____ Renew _____ Do you receive the SOS Newsletter? _____

The staff at the 741 Senior Center welcomes everyone. We value your input, so please take the time to let us know how we may best serve you during 2008. Let us know the programs, events and hobbies you enjoy. Your donation of \$10.00 per person membership fee per year is tax deductible and helps defray expenses for the upcoming year. Make checks payable to: Warren County Community Services, Inc. 570 N. State Route 741, Lebanon, Ohio 45036. **Enclosed is my membership of \$10.00 for 2008.**

THE 741 CENTER CALENDAR OF EVENTS 2008

Programs are subject to change or cancellation. New programs sometimes start after the schedule is printed. All activities held at The 741 Center unless otherwise indicated. Stop in the Center each month and pick up our detailed program calendar. 741 Center reservations or information call (513) 695-2239. **Call for lunch reservations before 10:30 AM at (513)-695-2256.**

March

- March 3** *SilverSneakers Fitness* - 8:30 AM The best exercise class in town, get fit, maintain fitness and make friends.
- March 4** *Texas Hold Em* - 12:30 PM every Tuesday.
- March 11** *Low Vision Clinic* - Cincinnati Association for the Blind 9:00 AM in Room 111. Call 1- 888-687-3935 no walk- ins.
- March 4** *Veterans Club Meeting* - 11:00 AM Join our 3rd meeting followed by free lunch for veterans.
- March 5** *Greeting Card Class* - 10:00 AM Make beautiful cards. No experience necessary. Bring a pair of scissors and colored markers. Register at 513-695-2239.
- March 5** *Scrapbooking Class* - 11:00 AM A popular hobby to organize your memories. Sue Williams will teach you the how's and why's of this great hobby. Call to register and to get a list of supplies, etc.
- March 6** *Peanut Recognition Day* - 12:00 PM To honor the versatile and delicious peanut bring a dessert made with peanuts to share after lunch, such as peanut butter fudge, pie, cookies. Bake something unusual!
- March 17** *St. Patricks Day Party* - Noon Everyone is Irish today so wear your green and bring your Irish brogue.
- March 20** *First Day Of Spring Ice Cream Social* - 12:30 PM Celebrate the first day of Spring, cool or warm weather.
- March 20** *Double Celebrations Easter And Spring* - 11:30 Join us for lunch and our second annual Easter Egg Hunt!
- March 26** *"What Women Need To Discuss With/Their Doctor"* - 1:00 - 2:00 PM Manager Of the Kettering Breast Evaluation Centers will speak on this topic. Refreshments and door prizes. Call to register.

April

- April 2** *Prayer and Share* - 1:00 PM Each Wednesday. Chaplain David Rusk is available for your prayer needs.
- April 7** *Square Dance Lessons* - 10:00 PM Monday's with John and Jackie Blaylock experienced teachers. Class is for beginners and the experienced. \$1.50/person/class.
- April 8** *Young At Heart Club Meeting and Lunch* - 11:30 PM Join this well established social and community service group that meets once a month. Call for more information.
- April 10** *Stroke Screening Demonstration* - 12:30 - 1:00 PM Kettering Medical Center demonstrates a series of three tests, to detect blockages in carotid arteries (neck), look for silent enlargement of aorta (aneurysm) and check for poor circulation in lower extremities. Call to register no later than April 3rd. Call for info on the May screening.
- April 14** *AARP TAX Preparation* - Today is the last day to have your taxes prepared at no charge by AARP at the center. Call as soon as you receive this issue.
- April 17** *National Cheeseball Day* - Noon. Make your favorite cheeseball recipe to share with the group at lunch time. Let's see whose cheese ball is most popular!
- April 25** *Spring Dance at the 741 Center* - 6:00-9:00 PM Get the season started off with a spring dance. Music with Disc Jockey George Zahn of WMKV 89.3 Big band music, some popular standards by Como, Martin and Sinatra and some line dancing style music as well. Something for everyone. The cost for the evening is \$10.00. Refreshments will be served. Tickets available March. Call for more info. Mark your calendar!

March MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3) 3 oz. Chicken Marsala ½ c Noodles ½ c Asparagus Bread, Fresh Fruit 1 c Milk & Juice	4) 3 oz. Sirloin Patty/ Onions, ½ c Applesauce ½ c Mashed Potatoes ½ c Brussels Sprouts, Roll 1 c Milk	5) 3 oz. Pork Chop ½ c Yams ½ c Carrots Cornbread Fresh Fruit, 1 c Milk	6) 3 oz. Chicken Breast ½ c Mashed Potatoes ½ c Green Beans, Roll Cake / Angel Food Cake 1 c Milk & Juice	7) 3 oz. Breaded Fish ½ c Mac & Cheese ½ c Corn Bread, Fresh Fruit 1 c Milk & Juice
10) 1 c Lasagna ½ c Lima Beans ½ c Italian Blend Bread, Fresh Fruit 1 c Milk	11) 3 oz. Chicken Tenders ½ c Mashed Potatoes ½ c Diced Beets, Roll ½ c Tropical Fruit Cup 1 c Milk	12) 3 oz. Pot Roast ½ c Red Potatoes ½ c Carrots, Roll Brownie/SF Brownie 1 c Milk & Juice	13) 3 oz. Meatloaf ½ c Mashed Potatoes ½ c Peas Biscuit, Fresh Fruit 1 c Milk	14) 3 oz. Crab Cake ½ c Pasta Alfredo ½ c Zucchini Bread, Fresh Fruit 1 c Milk & Juice
17) 3 oz. Corned Beef ½ c Potatoes O'Brien ½ c Cabbage Roll, Fresh Fruit 1 c Milk	18) 3 oz. Cheeseburger ½ c Potato Puffs ½ c Broccoli, Bun Fresh Fruit 1 c Milk	19) 3 oz. Turkey ½ c Stuffing ½ c Green Beans Bread, Fresh Fruit 1 c Milk & Juice	20) 3 oz. Ham ½ c Scalloped Potatoes ½ c Vegetable Medley, Roll Cake / Angel Food Cake 1 c Milk & Juice	21) 3 oz. Salmon ½ c Mac & Cheese ½ c Stewed Tomatoes Bread, Cookie/SF Cookie 1 c Milk & Juice
24) 3 oz. Stuffed Peppers ½ c Mashed Potatoes ½ c Corn Pudding Roll, Fresh Fruit 1 c Milk	25) 3 oz. Roast Beef Sandwich ½ c Potato Salad ½ c Cole Slaw, Bun Fresh Fruit, 1 c Milk	26) 3 oz. Meat Balls ½ c Spaghetti, Bread ½ c Asparagus, Applesauce Éclair / SF Pudding 1 c Milk & Juice	27) 1 c Chicken Pot Pie ½ c Cauliflower ½ c Green Beans, Biscuit ½ c Diced Peaches 1 c Milk	28) 3 oz. Eggs & Sausage ½ c Hash Browns ½ c Applesauce Bread, Fresh Fruit 1 c Milk
31) 3 oz. Cabbage Roll ½ c Mashed Potatoes ½ c Broccoli Normandy Roll, Fresh Fruit 1 c Milk		Please Call Your Nutrition Site for Meal Times.		If you know you will not be home to receive your Home Delivered Meal please call Nutrition at 513-695-2231

April MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Please Call Your Nutrition Site for Meal Times	1) 3 oz. Breaded Fish ½ c Macaroni & Cheese ½ c Asparagus, Cornbread ½ c Fruit Cocktail 1 c Milk & Juice	2) 3 oz. Hot Dog ½ c Baked Beans ½ c Cole Slaw Bun, Fresh Fruit 1 c Milk	3) 3 oz. Chicken Breast ½ c Mashed Potatoes ½ c Green Beans, Roll Birthday Cake /Angel Food Ck, 1 c Milk & Juice	4) 1 c Lasagna ½ c Corn ½ c Broccoli Bread, Fresh Fruit 1 c Milk
7) 3 oz. Sirloin Patty ½ c Mashed Potatoes ½ c Corn Pudding Roll, Fresh Fruit 1 c Milk	8) 3 oz. Pork BBQ ½ c Seasoned Potatoes ½ c Oriental Blend Bun, Fresh Fruit 1 c Milk	9) 3 oz. Ham Sandwich ½ c Potato Salad ½ c Cole Slaw Bun, Fresh Fruit 1 c Milk	10) 3 oz. Meatsauce ½ c Spaghetti ½ c Zucchini, Bread ½ c Diced Pears 1 c Milk & Juice	11) 3 oz. Chicken Legs ½ c Yams ½ c Beets, Roll Pie/NSA Pie 1 c Milk & Juice
14) 3 oz. Cheeseburger ½ c Potato Puffs ½ c Lettuce, Tomato Bun, ½ c Applesauce 1 c Milk	15) 3 oz. Country Fried Steak, Biscuit ½ c Mashed Potatoes ½ c Brussels Sprouts Fresh Fruit, 1 c Milk	16) 3 oz. Pot Roast ½ c Red Potatoes ½ c Carrots Roll, Fresh Fruit 1 c Milk	17) 3 oz. Pork Chop ½ c Rice Pilaf ½ c Green Beans Bread, Fresh Fruit 1 c Milk & Juice	18) 3 oz. Chicken Tenders ½ c Macaroni & Cheese ½ c Peas, Bread Cookie/SF Cookie 1 c Milk & Juice
21) 3 oz. Stuffed Peppers ½ c Mashed Potatoes ½ c Lima Beans Roll, Fresh Fruit 1 c Milk	22) 3 oz. Chicken Salad ½ c Pasta Salad ½ c Cole Slaw, Bun ½ c Strawberry Shortcake 1 c Milk	23) 3 oz. Chicken Thigh ½ c Baked Potato ½ c Cauliflower, Roll Éclair / SF Pudding 1 c Milk & Juice	24) 3 oz. Salisbury Steak ½ c Mashed Potatoes ½ c Corn, Roll ½ c Fruit Cup 1 c Milk	25) 3 oz. Pork Roast ½ c Stuffing ½ c Succotash Bread, Fresh Fruit 1 c Milk & Juice
28) 3 oz. Chicken Cordon Bleu, ½ c Pasta Alfredo ½ c Italian Blend Bread, Fresh Fruit 1 c Milk & Juice	29) 3 oz. Cabbage Roll ½ c Mashed Potatoes ½ c Peas & Carrots, Roll ½ c Diced Peaches 1 c Milk	30) 3 oz. Smoked Sausage ½ c Mashed Potatoes ½ c Asparagus, Roll Brownie / SF Brownie 1 c Milk & Juice	If you know you will not be home to receive your Home Delivered Meal please call Nutrition at 513-695-2231	

Tom Cox, Director of Nutrition Services Menu Subject to change with Directors Approval

741 Senior Center 695-2256/925-2100 • Morrow Nutrition Center 899-2804 • Lebanon Nutrition Center 932-3545
South Lebanon Center 494-2400 • Mason Center 459-8066 • Franklin Center 743-0469 • Waynesville Center 897-0420

Warren County Community Services, Inc. operates programs and services funded through grants received from the State of Ohio, Departments of Federal Government, Warren County Human Services, Warren County United Way, Warren County Commissioners, Council on Aging of Southwest Ohio, Elderly Services Program Tax Levy, foundations, and individual contributions.

Visit us on the web at www.wccsi.org

Lebanon & surrounding area
513-695-2100

Cincinnati & surrounding area
513-925-2100

Middletown & surrounding area
513-261-2100

Dayton/Franklin/Springboro & surrounding area
937-425-2100

Disclaimer: In compliance with the Health Insurance Portability and Accountability Act of 1996, Warren County Community Services, Inc. clients, their legal representatives and/or staff have given Warren County Community Services, Inc. permission to disclose the information that is published herein.

INSIDE THIS ISSUE

Planning for Kindergarten Success

Cover Page



RSVP Spotlight Phyllis Fine

Cover Page



Family Services Director Passes Torch

Page 2



Family Services Offers -

Page 2

Do You Shop At Kroger?

Page 4



Springtime in Georgia

Page 5



THE BENEFIT BANK
CONNECTING COMMUNITIES TO RESOURCES



Warren County Community Services, Inc.
570 N. State Route 741
Lebanon, Ohio 45036

Nonprofit
Organization
U.S. Postage
PAID
Lebanon, OH
Permit No.18

**ADDRESS SERVICE REQUESTED
DATED MATERIAL**



Warren County
United Way