DIABETES MANAGEMENT CLASS

741 CENTER

MAY 15TH-JUNE 25TH

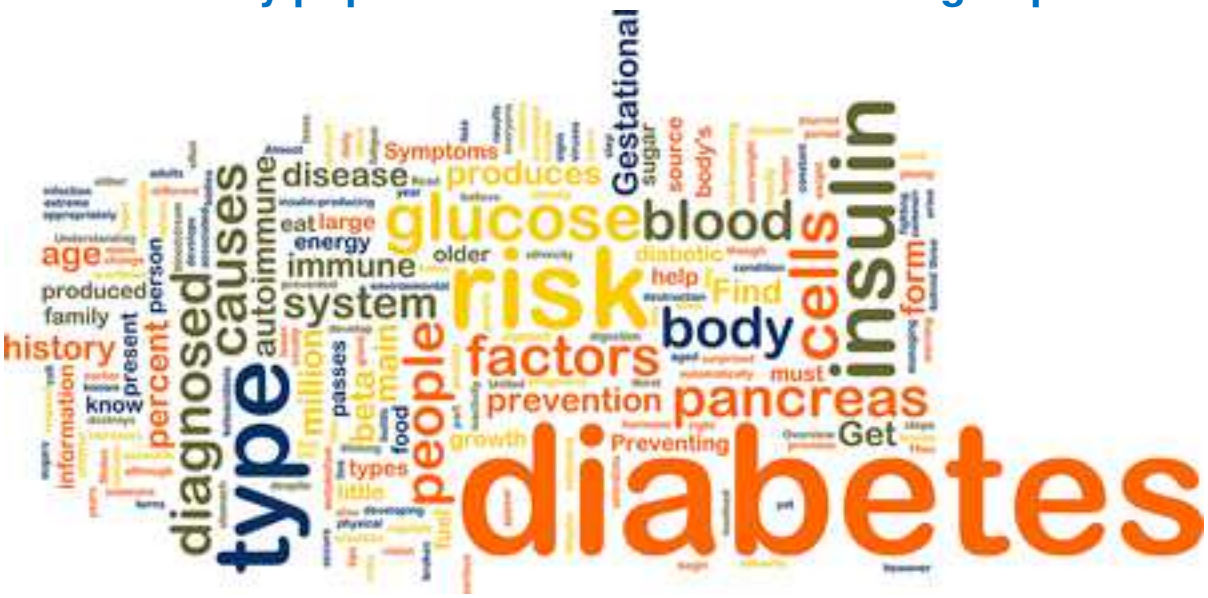
1-3:30 PM

NO FEE BUT MUST REGISTER AT 513-695-2239

CLASS IS LIMITED SO CALL NOW

CLASS WILL BE LED BY CARA EBEL

Learn methods of managing your diabetes in practical and effective ways in a supportive group of people just like you!

Class will include workbooks, handouts and suggestions for exercises plus more!

A very popular class so don't wait to sign up