



THE 741 CENTER Calendar of Events 2012

Programs are subject to change or cancellation. New programs sometimes start after the schedule is printed. All activities held at The 741 Center, unless otherwise indicated. Stop in the Center each month and pick up our detailed program calendar. For Center reservations or information call (513) 695-2239. *Call for lunch reservations before 10:30 AM at (513) 695-2256.*

PLEASE support The 741 Center with a 2012 membership. The membership drive begins in January for a fee of \$15 for one year. Also, check out our computer classes taught by Bob Gallagher here at the center.

January

- Jan 2** **The 741 Center Closed for New Year**
- Jan 3** **Veterans Club** - 11AM to 12PM the 1st Tuesday of each month. Veterans of any age, come and join fellow veterans in talking, sharing and listening to each other. Stay for a complimentary lunch.
- Jan 4** **Writers Work Shop** - 10AM A great place to begin or refresh your writing skills, poetry, short stories, family history, whatever you want to try. Beginners welcome!
- Jan 9** **Aerobic Line Dancing for Beginners** - 1PM Come to 741 and get in on the fun with Aerobic Line Dance. Begin with others learning dances and get a workout.
- Jan 16** **Martin Luther King Day** - The 741 closed for the Holiday.
- Jan 17** **Bingo for Prizes** - 3PM Just like Bingo except prizes instead of cash, no money involved. Fun, fast and a great way to make new friends.
- Jan 19** **National Popcorn Day** - Join us for a free bag of popcorn in honor of America's favorite snack food.
- Jan 31** **My Home Safe Home: Senior Lifestyles & Injury Prevention** - Session #1 from 10:30AM to 1PM, lunch break noon to 1PM and Session #2 from 1PM to 2:30PM This Fall & Injury Prevention program is facilitated by Joey Brumfield, RN. Did you know that 1 in 3 adults age 65 and older will fall this year? Come to this most informative workshop sponsored by Atrium Medical Center and learn how to live at minimal risk of falls and injuries. No cost. Please call to make a reservation.

February

- Feb 1** **Sit & Be Fit Exercise** - 10:30AM Each Wednesday and Friday morning we offer a video designed for the person with a need for a less strenuous but very effective workout. No cost.
- Feb 2** **Pre-Super Bowl Party & Birthday Celebration** - 11:30AM Wow two parties in one! Don't miss celebrating the Super Bowl and of course not your birthday or anniversary.
- Feb 7** **AARP Tax Prep** - 9AM to 1PM Beginning Feb 7th every Tuesday through April, until tax deadline No cost to you here at The 741 Center. Call us for an appointment. No Walk-In's.
- Feb 9** **Valentine Bake Sale** - 10AM to 2PM This bake sale has a valentine theme held for *benefit of the Senior Center*. Bring your favorite baked goods such as brownies, cookies, cake and pies, fudge, candy, muffins, cupcakes you name it! Place all items, except for whole pies and cakes, bagged in clear plastic bags and cut and or sliced. Bring them on Wed., Feb. 8th or Thursday the 9th by 10AM. We appreciate your help. Call us to let us know what/when you will be bringing.
- Feb 14** **Valentines Day** - 12 PM Join us at 741 for a special Valentines treat with Singer /Entertainer Dick Watson. Dick will make your day special with his repertoire of romantic songs. Don't forget to call for lunch reservations.
- Feb 14** **Valentines Bingo for Prizes** - 3PM Bingo for Prizes is always fun. You never know what you will win.

- Feb 15** **Bird Feeding Presentation** - February is National Bird Feeding month. Dave Woehr, The 741's own, and an avid bird devotee and volunteer naturalist at Armco Park, will give us all the info we bird lovers need to help feed our feathered friends on these cold winter days.
- Feb 21** **"Growing Up Under the Swastika** - 1PM Special Guest Speaker, Sonja Strathman, will relate her personal life story as a child living under the regime of Adolph Hitler. Includes time for Q&A. Call to make your reservation as space is limited. Lunch and show \$10.
- Feb 23** **Take the Cake** - 11:30AM Bake your favorite cake, bring to the center, and have a Take the Cake Game Time. We'll play some *challenging games* and if you win you get to Take the Cake.

March

- March 5** **Beginner Line Dancing** - 1PM This is a great way to get exercise and learn to dance at the same time. If this is your first time line dancing, this is the class for you. Call if you need more information.
- March 6** **Chronic Pain Management Workshop** - Tuesdays 1PM to 2:30PM For six weeks you will receive information and learn techniques for managing all kinds of chronic pain and how to improve your quality of life. Sure to be a life changer. Call the Senior Center for more information.
- March 6** **Veterans Club Special Guest Speaker** - 11AM to 12PM Gerry Houchell, with the American Spirit Education Alliance, will present the story of "Pennsylvania Long Rifles". Gerry builds and repairs long rifles. You need not be a veteran to attend. Please call to make a reservation.
- March 7** **Bible Study** - 12:30PM to 1PM Every Wednesday join us for an informative and inspirational hour of study in the scriptures.
- March 13 & 16** **Texas HoldEm** - 12:30PM If poker is your game you must come on over and get in on the fun. Texas hold em meets two times a week and its growing. So come and be a part of the fun.
- March 14 & 21** **Cincinnati Association for the Blind & Visually Impaired** - 9AM By appointment only. Call 1-888-687-3935.
- March 15** **St. Patrick's Day Party** - 11:30AM The "Luck of the Irish" is upon us once more. So wear your best St Pattie's green and stop in to celebrate.
- March 20** **First Day Of Spring Bingo for Prizes** - 3PM Hurray! It's spring!!! Let's get it started with Bingo for Prizes Spring Fling. Bring a snack to share. Drinks Provided.
- March 21** **Cover To Cover Book Club** - 9:30AM The 3rd Wednesday of each month, *all of you book worms*, come and be a part of this most interesting group, led by Marilyn Sauter. You receive your loaned book of the month at no charge from the Franklin-Springboro library, delivered to the center.
- March 28** **SilverSneakers Fitness Classes** - 9AM Monday, Wednesday, and Friday. SilverSneakers is a full cardio work out class designed