



**FOR IMMEDIATE RELEASE**

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**Healthy Eating: It's a SNAP!**

WCCS, along with Ohio AARP and Shared Harvest Foodbank, will be hosting a special lunch event for persons 60 and over on November 15.

The SNAP event will offer food tasting, door prizes, games, and recipes. During lunch, persons 60 and over can learn more about how to eat healthy and why nutritional needs are different for older adults.

The event will run from 11 a.m. to 1 p.m. and will be offered at three locations throughout the county:

**Lebanon**

WCCS The 741 Center  
570 North State Rt. 741  
Lebanon, OH 45036

**Morrow**

Earl J. Maag Retirement Community  
124 Pamela Drive  
Morrow, OH 45152

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**Franklin**

Sherman Glen Retirement Community  
301 Sherman Drive  
Franklin, OH 45005

At each event, you can get help to determine whether you should apply for the Supplemental Nutritional Assistance Program (SNAP) benefits that will help stretch your grocery budget. Persons 60 and over who have an annual income of less than \$23,000 are encouraged to attend and learn more how SNAP can help them.

Lunch will also be available. The menu on the November 15 is Ham Steak or Roast Pork with gravy, pinto beans, chuck wagon vegetables, cornbread, and fresh fruit. A \$3.00 donation is requested for the meal.

You must RSVP for the location of your choice by calling toll-free 1-877-926-8300 by Thursday, November 10. Space is limited, so don't wait!

#### **About WCCS.....**

WCCS is a nonprofit organization strengthening the fabric of the community. Helping older adults remain active and independent, WCCS provides services such as Meals on Wheels, Senior Dining Sites, Senior Transportation, RSVP, The 741 Center and offers assistance with Medicare, and other unique issues. Programs are funded by the Council on Aging (COA) of Southwestern Ohio, Warren County United Way, and generous donations from individuals, businesses, and the community. For more information on any of these programs, call 513-695-2288 or visit our website at [www.wccsi.org](http://www.wccsi.org).