



**FOR IMMEDIATE RELEASE**

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**The 741 Center Celebrates “Senior Center Week”**

The 741 Center is celebrating **Ohio Senior Center Week** from March 29, 2009 through April 4, 2009. This special week, recently proclaimed by Governor Ted Strickland, recognizes the work that senior centers do. At the 741 Center, older adults, 55 and over, can participate in an array of programs, services, activities, and trips to enrich their lives. The Center provides a relaxed, welcoming atmosphere to socialize, make friends, and enjoy a healthy lunch. The 741 Center is located at 570 North State Rt. 741 in Lebanon, Ohio.

Activities include art and dance classes, exercise for all levels of ability, educational programs, music, intergenerational activities, cards, weekly bingo games, volunteer opportunities through the RSVP program, and travel opportunities. Also, the 741 Center is able to link seniors with services and benefits that they may be eligible for including home care, medical transportation, Meal on Wheels, and assistance with insurance, Medicare and Medicaid, phone discounts, home repair and weatherization, and utility payment assistance.

According to the National Council on Aging, participation in senior center programming is leading to the effective management and delayed onset of chronic disease, as well as measurable outcomes for physical, social, spiritual, emotional, mental and economic well-being.

The Director of the Ohio Department on Aging, Barbara Riley states, “As a new generation redefines retirement, senior centers are evolving to reflect a more empowered vision of aging. They are adapting to help older adults use their considerable skills and knowledge to improve their lives and maintain their independence, while also providing opportunities for them to contribute to their communities.”

The 741 Center, operated by Warren County Community Services (WCCS, Inc.), is funded by Title III of the Older Americans Act through the Council on Aging of Southwestern Ohio and Warren County United Way. Donations from individuals and local businesses help the center to sustain the growing programs and meet emerging needs.

To learn about the many meaningful and valuable activities and services available, please visit our Web site [www.wccsi.org](http://www.wccsi.org), call 513-695-2239 or just stop by for a visit.

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